

**EXTREME OWNERSHIP:
HOW U.S. NAVY SEALS
LEAD AND WIN**

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Interactive Worksheet

INTERACTIVE SHEET FOR NOTES

Reading alone won't help you understand the actionable notes. You need to engage with the content. Answer the question below (just type inside the boxes) to outline your future steps:

1. Reflect on how you respond to events. Are you blaming others?
2. Revise your plan and simplify it:
3. Consider the worst that can happen when planning:
4. After you did something, take a moment to see what went right/wrong:
5. Everything is your responsibility. Revise your actions:

Don't forget to save your changes.