

**THE 5 AM CLUB:
OWN YOUR MORNING.
ELEVATE YOUR LIFE**
by Robin S. Sharma

Interactive Worksheet

INTERACTIVE SHEET FOR NOTES

Reading alone won't help you understand the actionable notes. You need to engage with the content. Answer the question below (just type inside the boxes) to outline your future steps:

1. Think about the people you hang with. Are they helping you advance?
2. Are you blaming others for your failures? Write down specific situations:
3. Prepare for getting up early. Write down your plan:
4. To avoid procrastination, schedule your tasks for tomorrow, today:
5. Write down what you're grateful for once you're up:

Don't forget to save your changes.