



**THE TRUTH**  
*by Neil Strauss*

*Interactive Worksheet*

## INTERACTIVE SHEET FOR NOTES

*Reading alone won't help you understand the actionable notes. You need to engage with the content. Answer the question below (just type inside the boxes) to outline your future steps:*

1. What arguments always come out when you're fighting with your spouse?
2. What things you're hiding from your spouse?
3. Why you're not sharing them?
4. What's your mutual goal as a family?
5. List your tasks to achieve it as a family:

*Don't forget to save your changes.*